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Aus- und Weiterbildung

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Integral Somatic Psychology (ISP) Masterclass 2026

A four-day masterclass with daily practice for ISP graduates

Datum:	**26.11.2026 - 29.11.2026**
Dauer:	4 days
Umfang:	32 Unterrichtsstunden
Leitung:	**Raja Selvam, PhD**
Anzahlung	300,00 €
Preis:	**790,00 €**

» Link zur Kursbeschreibung und Online-Buchung

Contact Person

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Monday - Friday
11 a.m. - 4 p.m.

Get to know your deepest self while refining your ISP skills to improve outcomes in all therapeutic modalities you use.

Seminar description

In the four-day ISP Master Class 2026, open only to ISP Practitioners and ISP Trainees who have completed all three modules of the ISP training, Dr. Selvam will present and demonstrate the latest developments in the theory and practice of Integral Somatic Psychology (ISP). **Every annual Master Class is different.** The workshop will have daily practice sessions with other participants to help participants embody the new knowledge and skills to take to their clients. Attendees can expect to improve their effectiveness in working with their clients with ISP from participating in this class.

Specifically, the class will cover the following seven topics

1. Continual use of integration in the session to make ISP sessions more regulated, comfortable, and safe for clients as well as therapists.
2. Blending of situation, emotion, expansion/regulation, and integration components of the practice of embodying emotions into a seamless process during ISP sessions.
3. Blending of gross body and subtle body techniques (simultaneous use of them when useful) to improve efficiency in ISP sessions.
4. Working with higher elements from higher chakras more often as resources to make ISP sessions more regulated and effective.
5. Identifying and working with regressive dysfunctional patterns from childhood traumas in adult clients that can be in the way of their healing, in ISP as well as other therapy modalities.
6. Learning to track the subtle body in oneself and in one's clients.
7. Continuing work with one's awareness as a resource for embodying emotions and towards enlightenment.

For German description, please click here

Requirements

ISP practitioners and graduates who have completed all three ISP modules.

Seminar schedule

Central European Time: Begins on the first day at 10:00 a.m. and ends on the last day at 5:00 p.m.

Info

The seminar is in English with German translation.

For German description, please click here

This course is also offered online via Zoom. You can download the Zoom software here free of charge and will receive the access link approximately one week before the seminar begins.

Dozent*innen

Raja Selvam, PhD

Leitender Trainer von Somatic Experiencing® (SE). Entwickelte Integrale Somatische Psychologie (ISP) und in Verbindung hiermit die Integral Trauma Resolution (ITR). Sein Ansatz schöpft aus Körperarbeit wie Posturale Integration und Biodynamische Craniosakraltherapie, Körperpsychotherapie-Systemen (Bioenergetik und Bodynamic Analysis), Jungscher und Archetypischer Psychologie, psychoanalytischen Schulen, Somatic Experiencing® (SE), Affektiver Neurowissenschaft und dem Advaita Vedanta, einer spirituellen Tradition aus Indien.